



## UNIVERSITY COLLEGE TATI (UC TATI)

## FINAL EXAMINATION QUESTION BOOKLET

COURSE CODE : DGE 1212  
COURSE : TECHNICAL ENGLISH I  
SEMESTER/SESSION : 1, 2020/2021  
DURATION : 2 HOURS

MATRIC NUMBER : \_\_\_\_\_

PROGRAM : \_\_\_\_\_

DESK NUMBER : \_\_\_\_\_

LECTURER'S NAME : JULIANI BT HUSSAIN

Instructions:

1. All answers should be written in the question paper itself.
2. Write legibly and draw sketches wherever required.
3. If in doubt, raise up your hands and ask the invigilator.

**DO NOT OPEN THIS BOOKLET UNTIL YOU ARE TOLD TO DO SO**

**THIS BOOKLET CONTAINS 11 PRINTED PAGES INCLUDING COVER PAGE**

**SECTION A – READING COMPREHENSION (20 MARKS)**

Questions 1 to 6 are based on the following passage. Answer all questions

**The Importance of Outdoor Games | Benefits of Playing Games**

In the world of smart television and smartphones, life has become very easy. Therefore, people of all ages without any gender bias are so attached to the gadgets that they can stay confined to one room for a whole day. As a result, they have forgotten to step outside. They have forgotten this beautiful world outside. They stick to their virtual world of Instagram, Facebook and Twitter throughout the day or watch cartoons or Netflix for the complete day. Digitalisation has engrossed our minds so much that we are unable to gauge its consequences. Thus, in this blind race of achieving top rank in exams, high standard in society, name and fame man has started ignoring his personal life.

**EFFECTS OF STAYING INDOORS ALL THE TIME:**

- We fall ill more often
- We are cut from our neighbors and relatives
- We lack social skills
- We can't face extreme temperatures

But we cannot leave these gadgets completely aside because they have become an indispensable part of our life. To keep ourselves safe from the above-mentioned ill effects, what can we do?

We have a panacea for this problem. In other words, if we don't want to be trapped in these ill effects, we must spend some time playing and roaming in nature.

Playing outdoor games is important for all age groups. It is a must-to-do activity for kids because they are at growing age. According to doctors, we must spend at least 45 minutes a day with nature. It can be in the form of a brisk walk or playing any outdoor games.

**LIST OF OUTDOOR GAMES:**

- Cricket
- Football
- Volley Ball
- Kabaddi
- Kho-kho
- Hockey
- Bad-Minton
- Hide and seek

## IMPORTANCE OF PLAYING OUTDOOR GAMES

We all are familiar with the benefits of playing/staying outdoor for one or two hours a day. But we do not give importance to them. That's why we need to be reminded of them again.

## IMPROVES OUR PHYSICAL HEALTH

Outdoor activities help us in muscle strengthening and improve stamina. People are more prone to bone diseases and joint pain due to a lack of vitamin D and calcium because of staying indoors all the time. Fresh air and sunshine can naturally provide us with Vitamin D. Going outdoor and watching greenery can be a feast for our eyes and can improve our vision and focus.

## MENTAL HEALTH

A healthy mind resides in a healthy body. Playing outdoor activities works faster than medicine for most lifestyle-related diseases. When we are physically active we are free from obesity, diabetes, thyroid and blood pressure etc which keeps our mental health at the top level in return.

## DEVELOPS TEAM SPIRIT

When we are out we tend to play with others or in a team. This builds a team spirit among us and prepares us to be adjustable and cooperative with others. This quality is very important to be built in children during their childhood so that they can move ahead in their life with long-lasting relationships and not in isolation. This quality leads to fewer divorces in their married life.

## LOVING AND CONNECTING WITH NATURE

People who spend more time playing outside tend to be nature lovers. They can better understand the environmental challenges and keep their society clean and pollution-free.

## PERSONALITY DEVELOPMENT

Outdoor activities help to bring out our hidden qualities. We become more confident and self-dependent. Children can overcome their shyness and introverted nature by playing with a group of their age.

## REDUCES DEPRESSION

According to WHO, 300 million people worldwide are suffering from anxiety and depression. These two are nothing but a product of isolation which can very well be tackled by mingling with people when you come out of your home in an open environment. Yoga and pranayam in the fresh air can cure 90 per cent of diseases.

**CONCLUSION:**

A lot is said about the benefits of playing and staying outdoor. However, can playing outdoor be hazardous for us in any way? The answer is 'yes'. As they say, "Excess of everything is bad". Firstly, playing or walking for very long hours can strain you physically. Secondly, delaying or avoiding your work for play can cause a pile-up of office or homework. In conclusion, there should always be a balance between work and play.

**QUESTION 1**

What do the following word and phrase refer to?

Digitalisation (line 6):

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(2 Marks)

Gadgets (line 14):

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(2 Marks)

Panacea (line 18):

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(2 Marks)

Isolation (line 52):

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(2 Marks)

**QUESTION 2**

List down three reasons why man has started ignoring his personal life?

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(3 Marks)

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**QUESTION 3**

Why can't we leave the gadget completely aside?

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(2 Marks)

**QUESTION 4**

How could outdoor activity develop team spirit?

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(2 Marks)

**QUESTION 5**

Why awareness should be created among people to save nature?

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(2 Marks)

**QUESTION 6**

Based on the passage, how outdoors games help people with anxiety and depression?

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(3 Marks)

**SECTION B – SHORT ANSWERS (30 MARKS)**

*Part I-Complete the short description of what reports are for with the words provided in the box. (10 Marks)*

Recommendations	Acknowledgment
Abstract/Summary	Findings
Appendix	

1. A list of supplementary materials.

\_\_\_\_\_ (2 marks)

2. A brief account of the entire report.

\_\_\_\_\_ (2 marks)

3. The result of the survey data.

\_\_\_\_\_ (2 marks)

4. This section offers a suggested course of action to remedy or solve a problem.

\_\_\_\_\_ (2 marks)

5. A section thanking people for their help rendered in the writing of the report.

\_\_\_\_\_ (2 marks)

**PART II: Read the following abstract and match each of the points A-G with phrases in the abstract. A and B have been done for you. (20 marks)**

This report compares fourteen different practical measures that can be taken in order to find the most effective way to reduce the cost of heating an average home in Britain and reduce carbon emissions. To achieve this, the research compares the cost of installation, the number of years required to pay back the investment cost and the amount of carbon saved each year. The study shows that the cost of insulating loft and walls is recovered within three years but saves only a small amount of carbon. Although it takes approximately thirteen years to pay back the cost of installing a ground source heat pump, it saves the maximum amount of carbon and is, therefore, the best long term-solution. Based on the research, we recommend that, where possible, new homes are fitted with ground source heat pump.

A- What the report is about

*This report compares fourteen different practical measures that can be taken in order to find the most effective way to reduce the cost of heating an average home in Britain and reduce carbon emissions.*

B- The purpose -

*To find the most effective way to reduce the cost of heating an average home in Britain and reduce carbon emissions.*

C- Methods used

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D-The scope

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D- The results

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E- Conclusions

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F- Recommendations

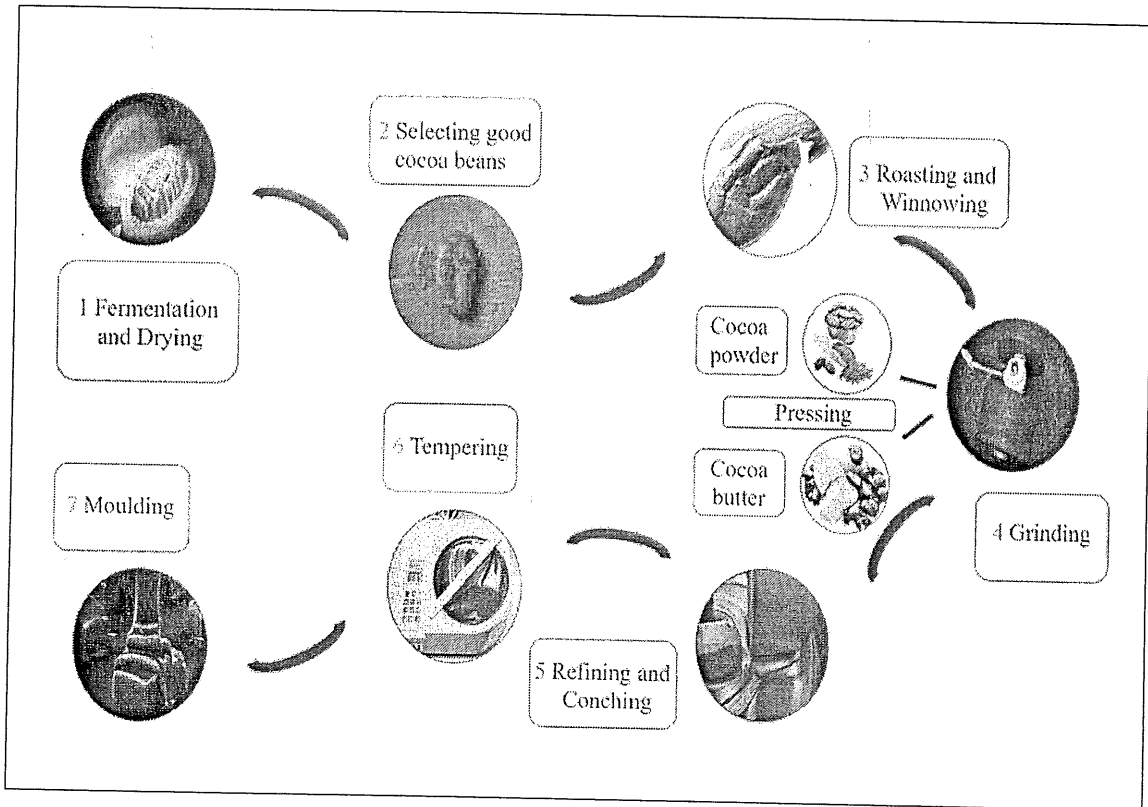
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SECTION C – WRITING (50 MARKS)

Write a three paragraphs essay (introduction, body paragraph and conclusion) about chocolate making process. Follow the steps below and write in complete sentences. The length of your essay is approximately 150 words.



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